

## Post Vaccination advice leaflet

**Date:**

Dear Patient

### You have received the following vaccines today

Hepatitis A	<input type="checkbox"/>	Tetanus, polio & diphtheria	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	Hepatitis A & B combined	<input type="checkbox"/>
Typhoid	<input type="checkbox"/>	Hepatitis A & typhoid combined	<input type="checkbox"/>
Yellow Fever	<input type="checkbox"/>	Meningitis A, C, W135 and Y	<input type="checkbox"/>
Rabies	<input type="checkbox"/>	Other _____	

### What general side effects can you expect to experience

Some people will develop slight tenderness, redness and sometimes swelling at the site of the injection and a small number may experience slight fever, headache, general aching and malaise approximately 24 hours after the vaccination, lasting about 24 hours. You are advised to take regular analgesia to reduce your temperature (e.g. paracetamol if this is suitable for you) and to drink plenty of non alcoholic fluids. A cold compress applied to the site of the injection may relieve the discomfort. We do request you wait within the vicinity of the surgery for approximately 10 minutes after receiving any vaccines. This is merely a precaution, because in extremely rare circumstances, a person can have an immediate and sometimes severe allergic reaction which would require medical attention.

**If concerned about your condition it is wise to contact your own doctor or practice nurse –**

For non-emergency advice call NHS 111 – more details available at  
<http://www.nhs.uk/NHSEngland/AboutNHSservices/Emergencyandurgentcareservices/Pages/NHS-111.aspx>

#### Useful websites

NHS Choices [www.nhs.uk](http://www.nhs.uk)

Travel websites [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk) and <http://travelhealthpro.org.uk/>